

2nd Annual 2010 Park and Rec. "Mini Sprint Trail Triathlon"  
Results

	<b>Name</b>	<b>Total Time</b>	<b>Place</b>
<b>Men 18-24 Age Group</b>	Mathew Kerr	32.21	1
	Mark Schuerman	34.21	2
	Jim Calvin	35.03	3

<b>Men 25-35 Age Group</b>	Jack Dowd	31.11	1
	Michael Halley	34.06	2
	Jon Pfeifer	37.09	3
	Blake Coleman	37.15	4
	Josh Hulling	38.17	5
	Jason Woepking	38.5	6
	Cory Greiner	39	7
	Mike Rupe	39.33	8
	Ryan Bell	39.46	9
	Casey Bergthold	41.26	10
	Keith Steurer	43.05	11
	Shane Brass	43.14	12
	Dwayne Regur	46.48	13
	Ron Hartman	47.22	14

<b>Men 36-45 Age Group</b>	Adam Raub	35.04	1
	Doug Adam	36.23	2
	Matt Eidahl	37.45	3
	Darryl Jarmosco	39.31	4
	James Clavin	43.21	5

<b>Men 46-54 Age Group</b>	Robert Brugrion	42.53	1
----------------------------	-----------------	-------	---

<b>Men 55+ Age Group</b>	Joe Dowd	33.33	1
	Charles Tonkinson	35	2
	Ron Spurrier	36.34	3
	Charlie Sharp	43.01	4
	Todd Burhardt	43.45	5
	Davis Eidahl	44.14	6
	Matthew Shivers	46.35	7
	Tom Anderson	47.12	8

<b>Women 18-24 Age Group</b>	Bethany Schwichtenberg	41.1	1
	Haley Metcalf	41.35	2
	Breanna Platt	44.25	3
	Megan Wilson	48.21	4

<b>Women 25-35 Age Group</b>	Maggie Stram	43.31	1
	Afton Coleman	44.17	2
	Lizzie Zondi	46.46	3
	Nicole Banner	56.5	4

<b>Women 36-45 Age Group</b>	Ann Brunson	39.4	1
	Kathy David	39.53	2
	Donna Wirt	43.45	3
	Kathy Geers	44.04	4

<b>Women 46-54 Age Group</b>	Kara McCoy	41.3	1
------------------------------	------------	------	---

<b>Women 55+ Age Group</b>	Paula Armstrong	42.31	1
	Susie Hathaway	42.43	2
	Renee Posner	43.35	3
	Deb Arnold	43.59	4
	Jody Loin	51.03	5
	Marion Pollack	56.27	6

<b>Team Relay 149 and Under</b>	John Armstrong	41.06	1
	Elanor Sheppard		
	Ronda Whitney	44.56	2
	Julie Harvey		
	Jill Dahlstrom		

<b>Team Realy 150 and Older</b>	Michelle Rausher	41.17	1
	Sue Gail		
	Deb Arnold		
	Mike Metz	42.16	2
	Shane Orne		

OVERALL WINNER

<b>Name</b>	<b>Time</b>	<b>Age Group</b>	<b>Category</b>
Jack Dowd	31.11	25-35	Men
Mathew Kerr	32.21	18-24	Men
Joe Dowd	33.33	55+	Men

Ann Brunson	39.4	36-45	Women
Kathy David	39.53	36-45	Women
Bethany Schwichtenberg	41.1	18-24	Women

John Armstrong, Elanor Sheppard	41.06	149 & Under	Relay
Michelle Rausher, Sue Gail	41.17	150 & Older	Relay
Mike Metz, Shane Orne	42.16	150 & Older	Relay