



Yoga  
In The  
Park

**Saturdays in  
August**

**9:00am to 10:00am**

**FREE**

*Sponsored by:*

**Jefferson County Health Center &  
Fairfield Park and Rec.**

**Chautauqua Park, Shelter #4 (down the hill)  
All levels welcome. Bring a towel or yoga mat**

***Thanks to these Fairfield Yoga Teachers:  
Teaching on August 7<sup>th</sup> Ronda Whitney; 14<sup>th</sup> Melissa Gentry;  
21<sup>st</sup> Anna Sica and 28<sup>th</sup> Meghan Dowd***